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Snowboarding Is For Everyone: A Complete Guide; Beginner Lessons, Safety, Clothing, Board Choices And Much More. (snowboarding, Snowboards, Snowboarding Gear, Snowboarding Lessons, How To Snowboard)



Synopsis

Snowboarding Is For Everyone aims to educate and explain how accessible and enjoyable snowboarding really is to all. Uncover essential tips and practical guidance on: Choosing the correct snowboarding gear Rider safety Anatomy of a snowboard Selecting a snowboard for kids Women and snowboarding Physical fitness and exercise for men, women and children Step by step snowboarding lessons for beginners Gaining confidence on the slopes Skill improvement snowboarding jargon and slang And more! Build confidence on the slopes with step by step instructions Beginners will learn the basics with 9 easy to follow lessons which include snowboarding stance, mounting your snowboard, turning and how to traverse. Are you planning a snowboarding holiday with your family? Prepare for your trip with suitable information that is catered for anyone taking up the wonderful activity of snowboarding. Guidance on fitness for kids to board styles for women and men are provided. The sport of snowboarding is a fantastic activity and the author makes snowboarding accessible to men, women and children a like, whether you are a total beginner or keen to sharpen up your technique. Learn the skills that you need to become competent and be aware of the information you need to stay safe on the slopes.

Book Information

Series: snowboarding, snowboards, snowboarding gear, snowboarding lessons, how to snowboard

Paperback: 56 pages

Publisher: CreateSpace Independent Publishing Platform (January 26, 2016)

Language: English

ISBN-10: 1523636688

ISBN-13: 978-1523636686

Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 4 customer reviews

Best Sellers Rank: #2,411,322 in Books (See Top 100 in Books) #75 in Books > Sports & Outdoors > Outdoor Recreation > Snowboarding #116 in Books > Sports & Outdoors > Individual Sports > Skateboarding #2175 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

Dominic Kelsey has been a competitive snowboarder for 12 years having discovered the sport at the age of 16. He has competed in many competitions across the world, in countries such as US, Canada, New Zealand and Japan, to name a few. Dominic has now retired from competitive

snowboarding and is currently dedicating his time to coaching and teaching snowboarding enthusiasts, from beginner to expert. "Snowboarding is my passion, I am lucky enough to have enjoyed this great sport over many years which has enabled me to travel and experience some fantastic places and people. I would now like to encourage as many people as possible to take up this sport and make it more accessible to all".

With a trip to Colorado this winter, and being completely new to snowboarding, I figured I would pick this book up. It was a very informative guide for me on what equipment I needed to buy, and what I could get by just renting. Additionally, it showed me what I need to look for when I get there as far as areas to practice, and how to properly fit my equipment. All around great book for newbies.

This is the first ebook about a sport I read and I can say I'm impressed. The content, generous and well written, covers the entire spectrum of this activity from equipment to practical advice. But I would love to see graphics so we could understand even better the material and some injury-related stories for those who try to venture beyond their skills. It also provides a few location where you can Snowboard. Overall a good read if you want to get the basics of this sport.

Snowboarding is indeed for everyone! This book is a great guide to snowboarding and helps each family for bond their relationship with one another. I enjoy reading book. My lovely daughters will surely love this.

I am very disappointed in this book. On the back cover of the book it states, "A complete guide to Snowboarding for all, this book demonstrates. . ." Well, there is nothing "demonstrated" in the book. There are no diagrams or pictures to "demonstrate" what is being discussed in the narratives. Additionally, there are no page numbers on the individual pages in the book, only on the table of contents page. This means that you have to flip through all the pages until you come to the subject you are interested in. Fortunately, this is a very small book so it does not take too long to find the subject you are interested in. I bought the book as a gift for my 10 year old Grandson who is able to snowboard at Big Bear CA only a few days every winter. I may eventually give it to him, however it is not "gift" quality. On the plus side and to find something nice to say about the book. It is self published and on the very last page it states, "Made in the USA, San Bernardino CA 02 March 2016. MADE IN THE USA is always good!

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